

MASSERIA POTENTI

MOROCCAN SPA

Indulge in one of our signature
massage treatments and allow yourself
to drift into timelessness and deep
relaxation in our sauna, Hammam
turkish bath and indoor pool

Book with our friendly receptionist @masseriapotenti

—masseriaPOTENTI

MOROCCAN

Wellness & Spa Menu

Step into the serenity of our transformed 16th-century farmhouse, where the echoes of tradition meet Moroccan-inspired luxury. Once a cheesemaking haven, this sacred space now nurtures your body, mind, and spirit with timeless rituals and modern wellness treatments. Trust the expert hands of our wellness professionals and surrender to their experience. Book a massage, a treatment, or a personalized ritual in our wellness centre - soothing touch, essential oils, hot stones, and harmonizing synergies guide the body back to balance.

SIGNATURE MASSAGES

Pindasweda (50 min)

135 €

One of the oldest techniques in Indian tradition. Soft cotton pouches filled with ancient Ayurvedic wisdom are gently applied to the body. The properties of the spices, combined with hot oil and rhythmic movements—sliding and tapping—create a unique experience, offering deep relaxation and relief for muscles and joints.

Hot Stone Massage (50 min)

130 €

Basaltic lava stones from the slopes of Mount Etna, handcrafted and heated with warm oil, are glided over the body and placed along energy meridians and vital centers—the Chakras—producing a harmonizing and rebalancing effect. Their natural exfoliating action and radiant heat leave the skin soft and smooth, provide muscular relief, and offer profound physical and mental relaxation.

Decontracting Massage (50 min)

130 €

An energetic and intense massage, ideal for relieving joint pain, trauma, and back discomfort. This treatment targets deep muscle contractions and tensions for lasting relief.

Bioemotional Massage (50 min)

120 €

A transformative massage acting on the neuromuscular level. Designed to reduce stress and promote holistic well-being, this treatment harmonizes the mind, body, and spirit for optimal balance.

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Body Scrub (30 min)

45 €

An exfoliating ritual that leaves the skin radiant, soft, and velvety (includes 15-minute Turkish bath entry)

Localized Massage of Your Choice (30 min)

70 €

Choose between a relaxing or decontracting focus.

Four-Hands Sensory Massage (50 min)

180 €

An indulgent experience performed by two therapists working in perfect synchrony. The continuous, rhythmic flow leads to profound relaxation and unparalleled harmony.

Couples Massage (50 min)

240 €

Share a unique moment of connection with your partner. Two therapists perform simultaneous treatments, creating a harmonious experience for both of you.

Sacral Skull (30 min)

70 €

A massage that flows from the abdomen to the head—ideal for relieving stress, anxiety, and insomnia.

Bamboo Massage (50 min)

130 €

An oriental-inspired technique using bamboo canes, this massage combines the natural benefits of bamboo with expert manual techniques. The result is an intensely relaxing treatment that deeply stimulates the subcutaneous tissues, helps reduce water retention, flushes out toxins, improves blood circulation, and targets cellulite.

Signature Spa Journey (80 min)

50 €

An immersive experience designed to detoxify, relax, and restore. This journey includes:

- Sauna
- Emotional showers
- Sensory hydromassage tub
- Turkish bath
- Relaxation area with herbal teas and sweet specialties
- Spa kit provided (bathrobe and slippers).

*The use of the spa is not included in the price of the massage treatments.